

Dry Rub for Beef

INGREDIENTS:

- 1 tsp. sea salt
- 1 tsp. coarse ground black pepper
- 1 tsp. garlic powder
- 1 tsp. paprika
- 1 tsp. parsley

PROCESS:

- Mix together spices.
- Sprinkle on meat, rub in
- Grill (or preferred cooking method)