

My Favorite Chicken

INGREDIENTS:

- 1 lb. boneless, skinless, chicken breasts
- 2 T olive oil
- 2 T balsamic vinegar
- 1 tsp. Oregano
- ½ tsp. Sea salt
- ½ tsp. Freshly ground black pepper

PROCESS:

- Preheat grill to medium heat
- Butterfly chicken breasts
- In a large bowl, combine olive oil, vinegar, oregano, salt, and pepper
- Add the chicken and turn to evenly coat; allow to marinate for at least 5 minutes but no more than an hour
- Grill chicken for 4-5 minutes per side

ENJOY!