

Pea Shoot Salad with Radish and Carrot

INGREDIENTS:

For the Salad

- 5 cups packed pea shoots
- 1 radish (with leaves if you have)
- 1 carrot (with leaves if possible)
- Freshly ground black pepper

For the Dressing

- 1/4 cup extra virgin olive oil
- 1/8 cup white wine vinegar
- 1 tsp. stone ground Dijon mustard
- 1 tsp. raw honey
- Freshly ground black pepper

PROCESS:

- Wash and dry the pea shoots, radish leaves (if using,) and carrot leaves (if using), and combine in a large bowl.
- Thinly slice the radish.
- Thinly slice or julienne the carrot. Add the radish and carrot to the salad.
- To make the dressing, whisk together the olive oil, vinegar, Dijon mustard, honey, and pepper.
- Drizzle the vinaigrette over the salad. Toss gently.

ENJOY!

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