

Broccoli Salad

INGREDIENTS:

Dressing

3 T rice vinegar

¼ cup olive oil

3 T mayo

2 T honey

Sea salt

Freshly ground pepper

Salad

3 large broccoli crowns, washed and chopped

½ cup diced red onion

6 slices bacon, cooked crisp and chopped

¾ cup roasted, salted sunflower seed kernels

¾ cup raisins

PROCESS:

To make the dressing, combine all ingredients in a jar and shake well until fully combined.

Combine salad ingredients in large bowl, top with dressing and stir gently to coat.

ENJOY!

From: The Healthy Gluten-Free Life by Tammy Credicott

