

Easy Arugula Salad

INGREDIENTS:

4 cups arugula, rinsed
1 cup cherry/grape tomatoes
¼ cup pine nuts
2 T olive oil
1 T rice vinegar
S&P to taste
¼ cup grated parmesan cheese (optional)
1 large avocado, peeled, pitted, chopped

PROCESS:

Place arugula, tomatoes, and pine nuts in a large bowl.
In small bowl whisk together olive oil, vinegar, salt, and pepper.
Drizzle dressing over salad ingredients.
Sprinkle with parmesan cheese if desired.
Top with avocado

ENJOY!

