

Raspberry and Spinach Salad

INGREDIENTS:

- 3 T olive oil
- 2 T raspberry vinegar
- ¼ cup fresh raspberries, crushed to a puree
- 8 cups baby spinach
- 2 cups fresh raspberries
- 4 T walnuts, chopped
- ½ red onion, sliced
- 3 kiwis, peeled and sliced
- Sea salt and fresh ground pepper to taste

PROCESS:

- In a small bowl, combine all the ingredients for the vinaigrette; olive oil, vinegar and crushed raspberries. Combine well. Season to taste with salt and pepper.
- In a large salad bowl, combine the remaining ingredients; spinach, raspberries, walnuts, kiwis, and onion.
- Drizzle with the dressing, toss well and serve.

Enjoy!

Serves 4

From: Paleo Diet Lifestyle