

Kale Chips

INGREDIENTS:

- 1 bag chopped kale
- 1 tbsp olive oil
- 3 tsp nutritional yeast
- 2 tsp garlic powder
- 2 tsp chili powder
- 1 tsp onion powder
- 1 tsp smoked paprika
- ½ tsp salt
- ¼ tsp cayenne (optional)

PROCESS:

In a large mixing bowl, massage the olive oil onto the kale until covered. In a small bowl, combine the nutritional yeast, garlic powder, chili powder, onion powder, smoked paprika, salt, & cayenne. Lay the kale onto a cookie sheet. Sprinkle the spice mixture until covered. Bake at 325 degrees until crunchy. ENJOY!

