

Asian Edamame Salad

INGREDIENTS:

Salad:

12 ounces shelled edamame
1 cup diced cucumbers
1 red bell pepper (diced)
2 green onions (sliced thin)
¼ cup chopped cilantro
2 teaspoons sesame seeds

Vinaigrette:

2 tablespoons rice vinegar
2 teaspoons olive oil
1 teaspoon sesame oil
1 teaspoon coconut aminos
¼ teaspoon grated ginger

PROCESS:

1. In a large bowl combine all of the salad ingredients.
2. In a small bowl whisk the vinaigrette ingredients together until combined
3. Pour the vinaigrette over the salad & combine. Serve immediately or cover & refrigerate until ready to serve & ENJOY!

From: reciperunner.com

