

Heirloom Tomato Salad

INGREDIENTS:

- 3 heirloom tomatoes, sliced
- 1 cup grape tomatoes, halved
- ½ cup red onions, thinly sliced
- Sea salt, to taste
- Black pepper, to taste
- 1 tablespoon extra virgin olive oil
- 1 tablespoon balsamic vinegar
- 1 clove garlic, minced
- 2 tablespoons chopped fresh basil (can substitute with 1 tablespoon dried basil)
- 1 tablespoon chopped fresh parsley (can substitute with ½ tablespoon dried parsley)

PROCESS:

1. Arrange tomatoes in a medium bowl and sprinkle with salt and pepper.
2. Add onions over the tomatoes.
3. In a small mixing bowl, combine olive oil, balsamic vinegar and garlic. Drizzle over the salad and stir until combined.
4. Garnish with chopped basil and parsley and ENJOY!

From: diethood.com

