

# Whole30 Buffalo Ranch Bacon Chicken Salad

## INGREDIENTS:

- 4 cups shredded chicken thighs
- $\frac{2}{3}$  cup Whole30-compliant ranch dressing
- $\frac{1}{4}$  cup buffalo sauce
- 4 slices no sugar bacon, crumbled
- $\frac{1}{4}$  cup finely chopped onion
- $\frac{1}{4}$  cup chopped grape tomatoes (Roma tomatoes are another good option)
- $\frac{1}{4}$  cup finely chopped cilantro
- $\frac{1}{2}$  tsp salt

## PROCESS:

Combine all ingredients in a large bowl, stirring until well combined.

Notes: Primal Kitchen has a ranch dressing & a buffalo sauce that work with this recipe to keep it Whole30. Applegate no sugar uncured bacon is a good option for the bacon in this recipe.

From: [www.whole30.com](http://www.whole30.com)

